

# Cold Lunches

*A stunning array of freshly made baguettes, buns and sandwiches*

**All fillings available in a sandwich, baguette or soft bun for no extra cost**

## Plain Fillings - only £2.20

Chicken (inc. mayo)    Tuna (inc. mayo/savoury/onion)  
Beef    Ham (ham & cheese 40p extra)  
Egg Mayo/Savoury    Cheese (inc. savoury)  
Prawns only 40p extra

## Add Salad for only 30p

Lettuce    Tomato    Onion    Cucumber

## Add Extras for only 25p each

Sweetcorn    Coleslaw  
Stuffing    Peppers  
Pineapple    Cheese (60p extra)

## Add dressing or sauce of your choice

Mayonnaise    BBQ Sauce    Salad Cream  
Cocktail Sauce    Pickle    Mustard  
Cranberry Sauce    Sweet Chilli

## Speciality Fillings - only £2.80

Supreme (Chicken, Bacon, Mushrooms & Mayo)  
Hunter's (Chicken, Bacon, Cheese & BBQ Sauce)

*Ask us about our quality outside catering service or visit [bobout.co.uk](http://bobout.co.uk) for our latest menu*

# Drinks & Cakes

*Our drinks and desserts are the perfect accompaniment to your meal*

## Hot Beverages

Tea    £1.00  
Coffee    £1.20  
Filter Coffee    £1.40  
Milky Coffee    £1.80  
Hot Chocolate (Milky)    £1.90  
Cappuccino    £1.60  
Range of syrups also available    Var.

## Cold Beverages

Variety of Cans and Bottles  
Milkshakes  
Bottled Spring Water

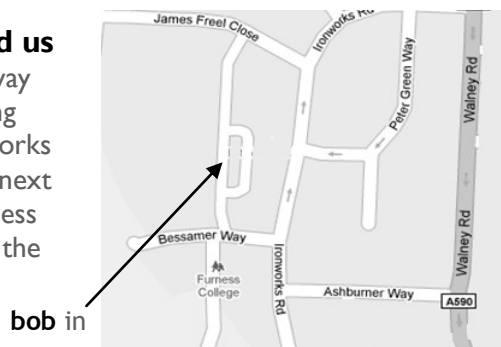
*Prices vary - please ask or see in-café*

## Desserts & Cakes

Assortment of cakes and slices  
Selection of chocolate and confectionery

## How to find us

On the one-way system heading north, (Ironworks Rd), take the next left after Furness College, then the next right

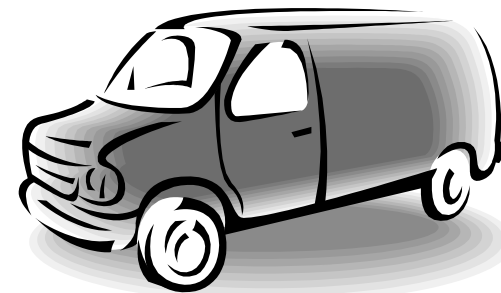


**Food Allergies and Intolerances:** Please speak to a member of staff before ordering if you want to know about our ingredients

For our latest menus, visit us at [www.bobincafe.co.uk](http://www.bobincafe.co.uk)

# bob in

Café ~ Deliveries ~ Takeaways  
**Barrow - 01229 825769**



## Delivery/Takeaway Menu

Delivery hours: Mon-Fri 8 am - 1:30 pm  
Sat 8:30 am – 12:30 pm

Free Delivery to most of Barrow area  
(Min Order £5 exc. soft drinks, higher min. order applies to certain areas, please see website for map)

**01229 825769**  
Unit 51 Ironworks Rd, LA14 2PN

# Breakfasts

*Our great range of breakfasts are the perfect way to start your day*

## Breakfast Buns

*Choose from the following:*

Cumb. Sausage	Fried Egg	Bacon	Haggis Slice
Black Pudding	Hash Brown	Mushrooms	
1 or 2 Filling Bun:			£2.55
3 Filling Bun:			£3.00
3 Fillings on a Crusty Baguette			£3.20
Toasted Sandwich <i>with two fillings</i>			£2.80
<i>with three fillings</i>			£3.10

## Breakfast Box To Go

2 Bacon, 2 Cumberland Sausages, Egg, Toast, Hash Brown, Mushrooms & Beans or Tomato

**All for only £4.20!**

## Breakfast Muffin

Toasted Muffin filled with Bacon, Square Slice (Sausage), Omelette Egg And Melted Cheese £2.80

## Croissants

Warm Croissant filled with Melted Cheese & Bacon or Ham £3.00

Warm Croissant filled with Scrambled Egg and Smoked Salmon £3.50

Warm Croissant with Butter and Strawberry Jam £2.00

# Lunches

*There's something to suit every taste with our wide variety of great value lunches*

## Oven-Baked Jacket Potatoes

Plain with Butter	£1.80
Beans	£2.30
Cheese	£2.60
Tuna & Sweetcorn or Onion	£2.80
Chicken Curry	£2.90
Bolognese	£2.90
Sweet Chilli Prawns	£3.50

## Paninis - available with a variety of sauces

Chicken & Bacon with Cheese	
Salmon & Cream Cheese	
Roast Pork & Apple Sauce	
Bacon, Cumb. Sausage & Cheese	Only £3.00
Tuna & Cheese	Each
Ham, Cheese and/or Pineapple	
Ham, Salami & Cheese	

## Soup

Homemade Soup & Crusty Roll £1.80

## Salad

Ham, Cheese, Chicken, Beef or Tuna with Boxed Salad & Crusty Roll (Prawns 60p extra) £3.50

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## Omelettes (3 eggs) - with side salad or beans

Available fillings		Bacon	Ham
Cheese	Tomato	Mushrooms	Onion
Plain	£2.20	One Filling	£3.00
Two Fillings	£3.50	Three Fillings	£4.00

## Traditional Fare

Homemade Meat & Potato Pie with Gravy & Mushy Peas or Beans	£3.00
Scampi, Chips & Garden Peas	£4.50

## Chips, Wedges & Extras

Chips and Fries (Wedges +20p)	£1.50
<i>with Cheese</i>	£2.40
<i>Beans</i>	£2.20
<i>Cheese &amp; Beans</i>	£3.00

## Cracking Deal!

2 Chip-Shop Sausages, Chips and Beans or Gravy

**Amazing value at £3!**

## Hot Dogs

Giant Hot Dog in Soft Roll with heaps of Fried Onions & Fries £3.00

## Quarter Pounder Burgers *with chips*

Beef Burger	Lamb Burger	£3.80
Chicken Burger	Veggie Burger	

*Served with cheese, salad, fried onions, and your choice of sauce*